

NORTHERN SUBURBS NETBALL

SKELSEY CUP

WHANGANUI 25 July 2010

Rep Co-coordinator's Report

Travel

Both year 7 and year 8 teams travelled up to Whanganui in private cars. A number of girls carpooled and travelled together, which helped to build a sense of shared excitement.

Food

Responsibility for bringing food for dinner was shared between families, with those families who had not contributed a meal in Palmerston North taking responsibility for doing so in Whanganui. Those families who were not supplying food for dinner provided baking and goodies for the next day. Breakfast consisted of cereals, juice and toast. The girls made their own lunches the night before consisting of salad, chicken and ham rolls and biscuits. Lollies were also provided through the day to keep energy levels up.

Because this was the last year of NSN Reps for the year 8 girls and their whanau, families joined players for the evening meal, and the adults enjoyed the opportunity to sit and chat together long after the girls had moved on to team building activities with their coach, and even long after they'd all gone to bed!

Accommodation

We stayed in the Alma motel, in Alma Street. It was 10 minutes drive from the tournament venue. The larger units where the teams were accommodated had large kitchen and lounge areas making meals relatively easy and providing good space for after-dinner team building activities. The proprietors were accommodating and welcoming.

Each team was accommodated in 2 x two bedroom units. The motel was very reasonably priced, with accommodation for both teams, 2 umpires and 2 coaches costing approximately \$1100.

Activities

Once we arrived in Whanganui, the girls were expected to focus on their teams, and to participate in team activities. They ate dinner and breakfast together with team management and the coaches. As already noted, year 8 families joined us for the evening meal. After

dinner they participated in team building activities organised by their coaches.

Storey Cup

The tournament venue was a large complex comprising some 15 courts. Given that the Storey Cup was a tournament just for intermediate age players, we enjoyed the space this afforded us, with plenty of spare courts to warm up in, or play King of the Court during down times. The atmosphere was relaxed and easy going. Year 7 and year 8 games were run consecutively, so we enjoyed the opportunity to watch one another's. The turn out of NSN supporters for each final was fantastic! The tournament itself was run well and kept well to time.

Results

Northern Suburbs enjoyed tremendous success yet again – making this the third tournament in a row where both teams have come home having won their grade. Players, management, coaches and supporters were exhausted but very excited by the day's end. A particular highlight was a spontaneous haka performed for the girls at the final awards ceremony by a number of NSN supporters, which added a very special note to the day's proceedings overall.

Results for the day's games were as follows:

Year 7 team – overall tournament placing: 1st

Pool games

- ❖ vs Whanganui L 18 - 19
- ❖ vs Dannevirke W 24 - 5
- ❖ vs Wellington West W 17 - 6

Semi-final

- ❖ vs Taranaki W 14 - 7

Final

- ❖ vs Whanganui W 16 - 14

Year 8 team – overall tournament placing: 1st

Pool games

- ❖ vs Rangitikei W 37 - 4
- ❖ vs Canterbury Taranaki Development W 24 - 7
- ❖ vs Central Hawkes Bay W 29 - 7
- ❖ vs Taihape W 40 - 7

❖ vs Wellington West W 9 – 1 (*note this was played as a friendly match only, 5 minutes each way*)

Final

❖ vs Whanganui W 24 - 17

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WHANGANUI 25 July 2010

Year 7 Managers' Report

Travel

Travel to this tournament was by private vehicle. Helen P took six of the team in a mini van (loaned to us by KIDSCO), Helen L took three of the team in her own vehicle and one team member travelled to Wanganui with her family.

Accommodation

Both the year 7 and year 8 teams stayed one night (24 July) at the Alma Motel, Wanganui. The standard of accommodation was basic and with two other netball clubs staying at the Alma as well, the service was stretched and at times, sub standard. For example, the Motel ran out of hot water so some guests (some from the NSN club) had lukewarm and cold showers. The rooms we occupied were a bit dusty, musky, damp and ventilation was poor. It was a manageable option for one night's accommodation.

Games

The team was drawn to play three preliminary matches at 9.20am, 11.00am and 12.20pm. The semi final was played and won at 1.40pm as was the final at 3.00pm. Games and corresponding scores are as follows:

Time	Opposition	Result
9.40am	Wanganui	19/18 loss
11.00am	Dannevirke	24/5 win
12.20pm	Wellington West	17/6 win
1.40pm	Taranaki (semi final)	14/7 win
3.00pm	Wanganui (final)	16/14 win

The loss in the first game was reflective of an opposition side who came to the tournament with a strong motive to beat us, given that we had beaten them by a small margin in a previous semi final at Palmerston North.

The final match against Wanganui was very tight and given the loss in the first game, lent itself to some fierce competition on court.

The weather conditions were clear, dry and with the odd bit of sun.

Standard of netball experience

The preliminary matches against Dannevirke and Wellington West gave some of the starting line up an opportunity to sub off. Both Dannevirke and Wellington West played in positive spirit with good levels of skills and game knowledge.

The semi final and final matches were, expectedly, very competitive and therefore, the quality of netball was excellent. As in previous tournaments, individual skills of players shone through particularly in the as well as our team's ability to consolidate when it really mattered. Most notable was the team's high levels of sustained energy, resilience and fitness after a long day of netball. Some girls were experiencing mild muscle and mental fatigue by the final match, however, considered nutrition on the day as well as some gentle muscle massage assisted in getting the girls match fit for the final game. The attitudes of members of our team and the opposing teams were very positive and sporting.

Parental support

Most families travelled to Wanganui to support the team. All support was very much appreciated at this and other tournaments.

Incident report

The team took no injuries to the tournament and no one required preventative strapping.

There was one report from a player of slight discomfort in the ankle area. Management assessed the ankle area, applied ice twice for 20minutes, re-assessed the ankle and cleared the player for continued play.

Managers Report: Skelsey Cup

Laird Park, Wanganui

25 July, 2010

Helen Limacher (HL) & Helen Potiki (HP)

NORTHERN SUBURBS NETBALL

SKELSEY CUP

WHANGANUI 25 July 2010

Year 8 Manager's Report

Y8 Girls traveled up in private cars with most of them carpooling, intent on being at our accommodation by 5pm as requested by Whaea Lena.

Stayed at the Alma Motel & STONZE, which was recommended due to the spacious units. For sleeping arrangements, players were split into Attack and Defense with an adult chaperone in each room. Our umpire stayed with the y7s umpire in their own room, and many of our whanau stayed at the same venue or nearby.

Everyone had a shared kai – Defense bringing something for dinner and Attacks bringing along baking for the next day's lunches. Management and Whanau supplied the rest, to cover the drinks for dinner, salads, rolls, breakfast etc – working out to be about \$10 - \$13 per player yet again. We invited all our whanau that were there to eat with us, and we were still left with heaps of food afterwards. After the girls had dinner, prepared lunches and cleaned up, they went off with coach for team bonding and then returned for pudding. Then it was off to bed.

Sunday started off with wake up call at 6.15am – 6.30am. All dressed, fed, cleaned up and packed – we joined the y7s for “Karakia”, blessing us all for an awesome tournament, safe playing, and safe travels afterwards. Then after thanking the Motel for having us – we all departed for Laird Park to prepare for our first game at 9am.

Although it was dry, the temperature was very chilly and yes we did see a bit of sunshine throughout the day...but that still didn't affect the temperature.

We were placed in Pool A and came up against 4 pool games, plus one “Friendly” – this was just to fill in time to avoid a 'bye' and points were not counted. We faced our fellow satellite Wellington West for the friendly and played 5mins each way – resulting in a 9-1 win.

Successfully winning all our Pool games, we came up against Whanganui in the finals. This game was our most challenging in

the entire tournament, and as it was played at 3.40pm, the tiredness showed amongst the players on both sides.

Our Defense was challenged with a shooter who stood head and shoulders above them and proved to be dangerous once she obtained the ball. Our girls put up with a fair bit of 'man-handling' from the opposition, and lack of calls from the umpires. Our Mid-Court players were strong and managed to move the ball down the court with flair, to the feeders that showed they had an amazing amount of confidence in our shooters with some unbelievable passes into the circle.

Supporters from both sides were very verbal throughout the game full of chants of encouragement and with the bleachers and side lines jammed packed, it was exactly what the players needed to carry on to the final whistle. It was a thrilling final to play, and even better to walk away with a successful and well deserved win.

Scores for the tournament as follows;

- vs Rangitikei – W 37-4
- vs Canterbury Taranaki Development – W 24-7
- vs Central Hawkes Bay – W 29-7
- Friendly vs Wgtn West W 9-1
- vs Taihape W 40-7

- Finals vs Wanganui W 24-17

The team received their trophy and certificates, and after the captains spoke a few words of acknowledgement and thanks, a few of our supporters broke out into a gratified "haka" to show the pride they had in the team and NSN in general, congratulating both the y7s and y8s – this was well received by all present.

Our average shooting stats for the tournament are as follows;
Api 77%, Tegan 84%, Tearii 50%

We had high turnover stats in our favour which was amazing, and players will be advised of individual stats.

Y8 Mgmt.